

Malmaison

BIRMINGHAM

Hotel | Bar | Brasserie | Le Petit Spa

TREATMENT PRICE LIST



le
PETIT
spa

EVERY BODY'S HAPPY.



Mal life. Who'll give you that neck rub you've been dreaming about since 9.00am? Who'll push you to your limit, then pamper you to distraction? Who'll steam out the tensions of the day so you can face the long drive

home? Who'll make you more bubbly throughout the day and more steamy in the evenings? Who'll make you a vision? Who'll give you flexible joining plans, knowing how much you like a good time? Who makes every body happy? It's easy to work out. Gymtonic and Le Petit Spa.

That's Mal life.

Le Petit Spa is proud to be working with ELEMIS and JESSANA. ELEMIS leads the way with new ideas and discoveries, providing spas with unsurpassed aromatherapy products and holistic spa therapies.

'Walk into a world of complete sensory heaven, where time is left at the door and a new journey begins.' ELEMIS SPA THERAPIES

JESSANA is a custom blended spa line for nails that uses unique combinations of ingredients to form a protective finish on the nail while allowing penetration of oxygen and hydration.

'Giving you nails you've always wished for, but flexible and resilient inside, just like nature wished for.' JESSANA RESULTS

OPENING TIMES:

Monday - Friday	10.00 - 20.00
Saturday - Sunday	10.00 - 19.00
Sunday/Bank Holidays	09.00 - 17.30

We are flexible with our opening times and are happy to accommodate bookings outside of these times by prior arrangement.

Cancellation Policy: Please allow 24 hours notice of cancellation to avoid a 50% charge. Cancellation within 12 hours will incur a 100% charge.

Credit card details may be needed for confirmation of bookings.

Please arrive 15 mins early prior to your treatment time. Treatments may be cut short in the event of late arrivals.

Gift vouchers: A range of gift vouchers are available so you can create a gift to suit your friends or loved one's needs.

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LE PETIT SPA SIGNATURE TREATMENTS

EXOTIC COCONUT AND MILK RUB WRAP WITH THE SOLE DELIGHT

FOOT TREATMENT 1 hour 30 mins

£85

A ceremony of pure sensuality to tantalise and delight! A warm milk bath is poured over your body before being cocooned in a comforting wrap. Warmed aromatherapy oils then nourish and condition your feet whilst milk and frangipani monoi oil lavish their richness and heal your skin.

DAY SPA PACKAGES

Everybody needs a day of rest and relaxation. Choose from one of our DAY PACKAGES or customise your own.

All day packages include:

- Warm robe and slippers on arrival to get you in the mood for pampering
- Full use of our Finnish-style sauna, crystal steam room with light therapy and our bubbling spa pool
- Full use of our luxurious relaxation room - lose yourself in the tranquillity and calm of our chill-out area before and after your treatments
- Full access to our hi-tech gymnasium.

FULL USE OF FACILITIES

£20

FULL USE OF FACILITIES

£25

All day unlimited use

Robes and slippers provided.

All day unlimited use

Robes and slippers provided.

Light lunch provided.

TREATMENT PACKAGES

MAL TASTER 1 hour 30 mins

£105

- Wellbeing or deep tissue massage • Taster facial
-

MAL MEN 2 hours 15 mins

£135

- Skin IQ facial • Wellbeing or deep tissue
-

MAL EXOTIC 2 hours 45 mins

£200

- Express skin specific facial • Aromastones • Lime and ginger scrub • Sole foot delight
-

MAL DE-STRESS 2 hours

£145

- Wellbeing or deep tissue massage • Skin specific facial • Express manicure or pedicure
-

MAL DETOX 2 hours 45 mins

£175


- Fennel cleansing or aromaspa • Full body massage • Express facial
-

MAL MOTHER TO BE 2 hours 15 mins

£145

- Mother to be or frangipani wrap • Express pedicure • Taster facial
-

Robes will be provided for day spa guests only.



FACIALS

EXPRESS SKIN SPECIFIC FACIAL

£30

ELEMIS SKIN SPECIFIC FACIAL 1 hour

£55

A deep cleansing facial prescribed to suit the needs of your skin. Combining specialised Eastern massage techniques that help bring radiance back to a dull, lacklustre skin.

Choose from the following skin-specific facials:

- Fruit active glow
- Exotic moisture glow
- Herbal lavender repair
- Absolute lift.

ELEMIS ADVANCED PERFORMANCE FACIALS 1 hour 15 mins

£65

This advanced performance facial is combined with a luxurious hand and arm massage and de-stress scalp treatment for the ultimate in holistic skin therapy. Natural silk or sulphur masks are applied to the skin to produce immediate results beyond belief.

- Elemis Oxygen SkinCalm facial - for sensitive skin.
- Elemis S.O.S purifying facial - for oily, problem and congested skin.

ELEMIS ADVANCED ANTI-AGEING FACIALS 1 hour 15 mins

£65

- Elemis Visible Brilliance facial - for ageing and slackened skin. This anti-ageing face and eye treatment instantly helps to increase moisture levels by 38% and elasticity by 28%. Specialised massage techniques are used on the face and scalp to help de-stress, coupled with a luxurious hand and arm massage.
- Elemis Pro-Collagen Marine facial - for fine lines and wrinkles. This face and eye treatment provides immediate results in the fight against time. Using a unique anti-ageing Japanese silk mask impregnated with a pro-collagen booster serum, this treatment will leave the skin with a more youthful appearance. It also includes a luxurious hand and arm massage.



MASSAGE

DEEP TISSUE BACK MASSAGE

£35

WELLBEING MASSAGE 1 hour

£60

This relaxing massage treatment uses aromatherapy oils to help de-stress and rebalance the body. It includes a pressure point face and scalp massage.

ELEMIS DEEP TISSUE MUSCLE MASSAGE 1 hour

£60


Focusing to relieve specific stress and muscle tension, this deep rhythmic pressure massage gives the whole body a workout. Combined with specially blended massage oils, this treatment can be tailor-made to suit your individual needs. Choose from:

- STRESS-A-WAY soothe and relax with lavender, chamomile, melissa & bergamot
- SPIRIT REVIVER uplift, detoxify and renew zest for life with lemon, lime, peppermint & grapefruit
- MUSCLE MELT ease away aching muscles with warming rosemary, juniper, thyme, birch & chamomile
- CHAKRA BALANCING bring your body and emotions into total equilibrium with ylang ylang & granium.

COMBO MASSAGE 1 hour

£60

Enjoy this combination massage incorporating both the face and body. You will feel totally pampered after this mini massage and mini facial treatment.

The page features a dark teal background with several smooth, light-colored stones scattered around. One stone is at the top center, another is at the bottom left, and a third is at the bottom right.



ELEMIS AROMASTONES MASSAGE 1 hour

£68

This hot stones massage uses volcanic stones to help ease and soothe away any tension, stress or aching muscles. Aromatherapy oils of ylang ylang, vanilla and osmanthus help to balance, destress and detoxify, leaving you with a feeling of calm and ease.

ELEMIS ABSOLUTE SPA RITUAL 2 hour

£105

A top-to-toe treatment for the ultimate in face and body holistic skin therapy. Pure luxury, combining the powerful effects of the ADVANCED PERFORMANCE FACIAL and DEEP TISSUE MASSAGE tailor-made to your needs.

ELEMIS AROMASTONE SPA RITUAL 2 hour

£120

A luxury treatment working with the combination of heat, aromatherapy and massage, combining the powerful effects of the ADVANCED PERFORMANCE FACIAL and AROMASTONES MASSAGE tailor-made to your needs.

MOTHER TO BE 1 hour 30 mins

£70

This treatment uses tried and tested massage techniques adapted to each stage of your pregnancy. Specialised positioning is used to ensure the ultimate in comfort and relaxation. Japanese camellia oil is used throughout the treatments to maintain skins elasticity and suppleness. A complete top-to-toe experience.



BODY RITUALS



ELEMIS EXOTIC LIME AND GINGER SALT GLOW 30 mins

£35

An exotic exfoliation ritual to invigorate and revitalise. Using warm oil, sublime exotic lime, ginger salt glow and exotic island flower body lotion, your skin is left glowing and vibrant, replenished and flawless.

ELEMIS AROMA SPA OCEAN WRAPS 1 hours 15 mins

£65

This seaweed wrap treatment detoxifies and deep cleanses the body inside and out, combining the riches of sea plants and marine algae with aromatherapy. A warm seaweed body mask combined with a blend of essential oils is applied to the body and a pressure point face massage and de-stress scalp treatment is included. Choose from:

- Musclease aroma spa ocean wrap
- Cellutox aroma spa ocean wrap

FENNEL CLEANSING CELLULITE AND COLON THERAPY 1 hours 15 mins

£70

This treatment works by flushing out a congested digestive system and helps with poor circulation and fluid retention. A fennel and birch peel off body mask is applied to the hip and thigh area to help reduce the appearance of cellulite and cleanse the system. Specialist drainage massage techniques are then used to aid in circulation and reflexology aids in purification.

ELEMIS EXOTIC COCONUT RUB AND MILK RITUAL WRAP 1 hour

£70

A traditional Balinese recipe of coconut, mungbean, spices and lavender is combined with exotic frangipani monoi oil to polish the skin and stimulate the senses. The warmed skin nourishing milk bath which follows is excellent for skin smoothing and softening. All combined with a facial pressure point massage and de-stress scalp treatment.

ELEMIS EXOTIC FRANGIPANI BODY NOURISH WRAP 1 hour

£70

This nourishing body wrap drenches the skin with moisture for immediate softness and suppleness. The ultimate radiance, vitality and all over body glow. This treatment is fantastic during all stages of pregnancy.



TIME FOR MEN

ELEMIS SKIN TASTER FACIAL 30 mins

£30

A deep cleansing facial prescribed to suit the needs of your skin, combining specialised Eastern massage techniques that help bring radiance back to a dull, lack lustre skin.



ELEMIS SKIN IQ FACIAL 1 hour 15 mins

£65

This high power anti-ageing facial is the ultimate skin overhaul for male skin. Prescribed to combat the demands of a hectic modern lifestyle, this facial protects against the harsh ageing effect of shaving and everyday environmental damage.

ELEMIS AROMA SPA OCEAN WRAP 1 hour 15 mins

£65

This seaweed wrap treatment detoxifies and deep cleanses the body inside and out, combining the riches of sea plants and marine algae with aromatherapy. A warm seaweed body mask combined with a blend of essential oils is applied to the body to help ease muscle pain and discomfort and a pressure point massage of the face and de-stress scalp treatment is included.

ELEMIS DEEP TISSUE MUSCLE MASSAGE 1 hour

£60

Focusing to relieve specific stress and muscle tension, this deep rhythmic pressure massage gives the whole body a workout. Combined with specially blended massage oils, this treatment can be tailor-made to suit the individual needs of the client. Choose from:

- **STRESS-A-WAY** soothe and relax with lavender, chamomile, melissa & bergamot
 - **SPIRIT REVIVER** uplift, detoxify and renew zest for life with lemon, lime, peppermint & grapefruit
 - **MUSCLE MELT** ease away aching muscles with warming rosemary, juniper, thyme, birch & chamomile
 - **CHAKRA BALANCING** bring your body and emotions into total equilibrium with ylang ylang & geranium.
-

COMBINATION TREATMENT 1 hour 45 mins

£100

A top-to-toe treatment for the ultimate in face and body holistic skin therapy. Pure luxury, combining the powerful effects of the SKIN IQ FACIAL and DEEP TISSUE BACK MASSAGE tailor-made to your needs.

HOLISTIC

INDIAN HEAD MASSAGE 30 mins

£35

Originally practiced by Indian women as part of daily grooming, this is a revitalizing and uplifting treatment concentrating on back, arms, face and scalp.

REFLEXOLOGY 50 mins

£45

An ancient pressure point treatment, working on the soles of the feet. This helps to pinpoint any imbalances in the body, allowing self-healing and relaxation.

HOPI EAR CANDLING 45 mins

£30

Using a centuries-old technique. Hopi ear candling is the ultimate relaxation treatment helping to reduce the build of excess wax, alleviate pressure caused by headaches, cold and flu.

HANDS AND FEET

LUXURY HEALING HANDS SPA MANICURE 1 hour

£30

Treat yourself to the ultimate in hand therapies. We will exfoliate, rehydrate and treat the skin and nails for a truly pampering experience. Includes analysis of nails and skin, cuticle work, a relaxing pressure point hand and arm massage and the nail colour of your choice.

ELEMIS EXOTIC HAND RITUAL 30 mins

£35

Pure pampering for your hands and nails to restore beauty and suppleness. Warmed aromatherapy oils nourish and condition, while the sublime sensation of skin nourishing milk bath lavishes its richness and healing action on your skin.

LUXURY FRESH FEET SPA PEDICURE 1 hour

£35

Revive your tired feet with this invigorating foot therapy. From knee to toe we exfoliate using sea salt scrubs, moisturise with cucumber and chamomile and re-mineralise with our marine mask. Includes analysis of nails and skin, cuticle work, pressure point massage to feet and lower leg and the nail colour of your choice.

ELEMIS SOLE DELIGHT FOOT TREATMENT 30 mins

£35

Warmed aromatherapy oils nourish and condition your feet and nails, whilst the decadence of milk and exotic frangipani monoi oil lavish their richness and healing action on your skin. A sensory experience for your feet, which will leave you walking on cloud nine.

MANICURE REPOLISH

30 mins

(file + polish)

£20

PEDICURE REPOLISH

30 mins

(file + polish)

£25

FOOT AND ANKLE

MASSAGE 30 mins

£25

ESSENTIALS

LUXURY FULL LEG WAX

£25

EYEBROW SHAPE & WAX

£10

LUXURY HALF LEG WAX

£20

BACK WAX

FROM £25

BIKINI WAX

£15

EYELASH TINT*

£10

UNDER ARM WAX

£15

EYEBROW TINT*

£10

LIP & CHIN WAX

£10

*Patch test required 24 hrs beforehand.

Every body's happy with Gymtonic and Le Petit Spa at:
Birmingham | Manchester | Newcastle

Maison BIRMINGHAM

Hotel | Bar | Brasserie | Le Petit Spa



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