

good birth getaway at

Malmaison, Birmingham

The cost is £220 per couple for a full one day course.
Included in the price is;

- **Sumptuous buffet lunch**
- **Refreshments throughout the sessions**
 - Tea and coffee with pastries, biscuits, and doughnuts.
- **8 hours of antenatal session time**
 - Covering all topics important to you. We ask that you complete course questionnaire to ensure that your concerns are covered.
- **Comprehensive packet of supporting class leaflets and handouts**
- **Ongoing antenatal contact with your tutor by phone or email**

